

# Rorschach Interpretation Assistance Program™

## Client Report

by  
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and  
PAR Staff

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### Client Information

**Name:** Mr. C.  
**Test Date:** 04/25/2003

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The following report is based on the responses you gave to the Rorschach Inkblot Method and should be discussed with the clinician who examined you. The report describes how you appear to pay attention to your surroundings, think about your experiences, express your feelings, manage your stress, think about yourself, and relate to other people. These descriptions are based on Rorschach findings among people in general who give responses similar to yours. The descriptions do not necessarily apply in every respect to each individual person. For this reason, some of the statements in the report may describe you more accurately than others. In addition, the report may identify some aspects of yourself that have previously escaped your notice or of which you have not been fully aware. Discussing these Rorschach results with your clinician, particularly with regard to understanding them in the context of your past and present life circumstances, will help you get the maximum benefit from the information provided by the test.

You gave enough responses to provide reliable information and to support sound conclusions about yourself.

You appear to be capable of thinking about things in a flexible manner. This flexibility allows you to consider changing your opinions and your point of view. You tend to keep your mind open to new information and to previously unfamiliar ideas.

You appear to have serious difficulties in your ability to think logically. This means that you may have more problems than most people with coming to reasonable conclusions about the relationships between events and keeping track of the ideas that go through your head. You seem particularly prone to forming strange ideas when you are thinking about what people are like and how they behave.

Your responses indicate a serious impairment of your ability to form accurate impressions of yourself and to clearly see the actions and intentions of others. You are likely to have considerable difficulty with correctly anticipating the consequences of your actions and with recognizing what is appropriate behavior in various kinds of situations.

You appear to devote a lot of energy to staying alert to what is going on around you, as if situations can become dangerous or threatening if you fail to keep a close eye on them. Your excessive concern with paying attention to your environment may be accompanied by suspiciousness and mistrust that may interfere with your daily activities and result in strained relationships with other people.

Your manner of responding to this test suggests that you are inclined to examine situations very thoroughly, perhaps taking in more information than is really necessary for solving problems or arriving at decisions. As a result, you are likely to function well in situations that call for being very careful, provided that you have enough time to work at your preferred pace. On the other hand, having to work under time pressure may make you anxious or cause you to feel dissatisfied with what you have accomplished. You may also

have occasional difficulty with making decisions because you feel that you do not have enough information on which to base the choices you need to make.

You appear to be somewhat inconsistent in the way you make decisions and solve problems. Sometimes you deal with situations by thinking about them and other times by taking action. Both methods can work, but it appears to be hard for you to choose whether to be primarily a thinker or primarily a doer. Therefore, your behavior may be unpredictable, and both you and the people close to you may find it difficult to anticipate how you are likely to behave.

The test findings suggest that you are far more capable than most people of managing the stresses in your life without becoming unduly upset by them. You are the kind of person who feels satisfied with his/her life and sees little need to change the way he/she is. You appear to be a psychologically stable person with a well above average capacity to tolerate frustration. There are also indications that you are far more capable than most people of controlling your behavior and avoiding emotional outbursts and impulsive actions. In crisis situations, you are probably able to remain calmer and keep a clearer head than most people around you. However, along with not letting things bother you, you may tend to ignore or minimize the implications of events that you should pay attention to and be concerned about. Your lack of sensitivity in this regard may prevent you from dealing effectively with people and situations.

You appear to be much less willing than most people to become involved in emotional situations. Because of feeling uncomfortable in social interactions, particularly when strong feelings are being expressed, and because of reluctance to exchange feelings with other people, you may be at risk for becoming emotionally and socially withdrawn.

You are showing some problems with experiencing and expressing emotions in which you are exerting considerably less control over your feelings than most adults. Your test responses suggest that you are an emotionally intense and excitable person who prefers to express your feelings rather than to hold them in. Your characteristic tendency to let your feelings flow freely is likely, at times, to result in emotional displays that interfere with your relationships with others.

You appear to be paying less attention to yourself than most people, which often results from having a poor opinion of oneself. Your test responses suggest that you tend to compare yourself unfavorably to other people. You may suffer from low self-esteem and lack self-confidence because of this tendency.

Your test responses suggest that you are more likely than most people to worry about aspects of yourself or your behavior that you view as undesirable. Your self-awareness should help you to recognize how you can have your needs met and how your behavior affects other people. At the same time, you may be inclined to be self-critical and to feel dissatisfied with yourself.

You seem to have a good ability to model yourself after people you know well. This ability should have helped you to develop a clear and stable sense of the kind of person you really are.

You seem to be highly alert to possible sources of threat to your safety and security. You also appear to be concerned about whether other people can be trusted to have your best interests at heart. To protect yourself, you may be more inclined than most people to avoid close relationships, preserve your privacy, and keep your thoughts and feelings to yourself.

You appear to be somewhat limited in your ability to form attachments to other people. This does not necessarily mean that you avoid people, but that your personal relationships tend to be emotionally distant and detached rather than close and intimate.

Your test responses suggest that you are as interested in other people as most adults. Your interest in being around people and paying attention to what they say and do is a personality strength that ordinarily contributes to good social adjustment. However, there also are indications in your test responses that you tend to feel somewhat inadequate or uncomfortable in social situations.

Your test responses indicate that you are capable of approaching other people in a spirit of cooperation, but that you are more frequently inclined to relate to those around you in an assertive or aggressive manner.

## **End of Report**